



Type 2 diabetes support groups

Looking for support with type 2 diabetes?

Join one of our type 2 diabetes peer support groups

Our peer support groups offer:

- Six sessions to discuss what matters to those of us living with type 2 diabetes
- Help in managing our condition
- Supportive conversations to help us move forward together
- A chance to connect with others who understand
- An online or face-to-face option

These support groups are run by trained peer volunteers who are also living with type 2 diabetes

Find out more

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diabetes

Sirona care &
health and The Peer
Partnership working
in partnership.